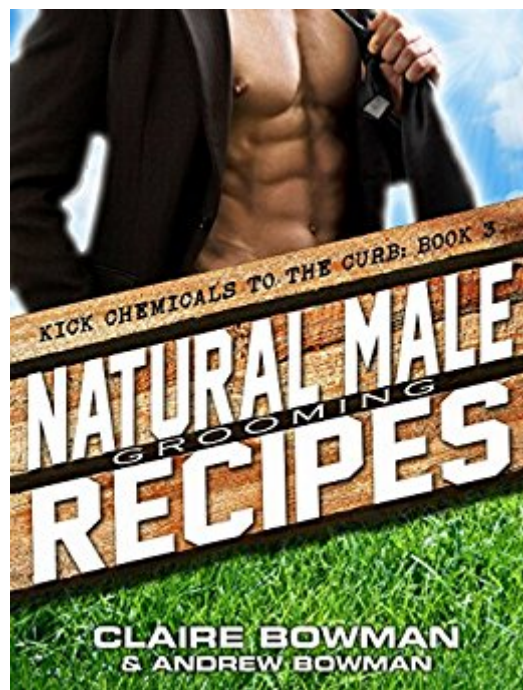


The book was found

# Natural Male Grooming Recipes: (Chemical-Free, Non-Toxic, Mens Health, Home Remedies, Green Clean, DIY Household Hacks) (Kick Chemicals To The Curb Book 3)



## Synopsis

With *Natural Male Grooming Recipes*, the third book in her popular *Kick Chemicals to the Curb* series, Claire Bowman has enlisted the help of her (once-reluctant) husband Andrew to help shed some light on the male perspective. Together, they coach you on how to replace all of the basic grooming products most men use every day with effective, non-toxic, DIY versions that will keep every guy looking and smelling great! Here's a sample of what's included:

- How to make lots of different shaving creams and lotions
- How to craft your own cologne and body spray
- How to make your own bar soap, shampoo and conditioner
- DIY styling products for every type of hair and hairstyle
- Natural deodorant (that really works!)
- Beard and mustache styling products
- And so much more!

## Book Information

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## Customer Reviews

I've never tried making anything for myself like the recipes in this book. I picked it up because the preview looked interesting. After reading the book, which is pretty quick I decided to make the easy shaving cream and see what the differences are. I understand about the whole chemical thing, but for me I like having my dependable shaving cream. So I made the recipe. It was pretty easy, and

a bit weird, but it worked. It smelled so good when it was done I decided to shave right away. The cream was really rich I only needed about half of what I normally use. I felt no discomfort or blade dragging as I shaved, and the whole thing smelled like a tropical vacation. I can't stop touching my face, it feels really moisturized. I usually get some dry skin after I shave, but not today. So my overall impression is this. If you don't buy into eliminating chemicals in your life, then you may want to try these recipes just so you have better products. I just shaved my face with olive oil and it was awesome.

I'm a big fan of Claire Bowman and her DIY natural books. In her easy manner, she guides you through the recipes, step by step. She never forgets that you're a beginner and may not be familiar with some of the ingredients and terms she's using. No worries! I was especially glad when I found out that Claire's third book was going to be for MEN, because I really wanted to keep smelling good and looking good, but cut out the crazy chemicals that modern day companies put into their products. This time she brings her husband, Andrew, into the mix and he gives a man's perspective on the journey to chemical free. LOVE this book, love the easy style of writing, and love that Claire and Andrew are here for us! Can't wait for the next book! William Mize "How to Keep a Gratitude Journal" "My Journey to Lose Weight with LCHF"

It has a lot of recipes for just about anything you might want to make for yourself. I liked that there was plenty of explanation about why you should make your own stuff. The directions are very clear, and it also has a buying guide so you know where to get your ingredients. Highly recommend.

Never thought I would say it but all natural is the way to go. So thankful I found this book for recipes for my hubby instead of just the fru-fru ones for just the ladies.

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